### OBJECTIVES—At each of the first 6 belt tests, participants will be expected to demonstrate the ability to understand, analyze, synthesize, and apply the following key concepts with a high level of skillfulness in order to proceed.

<table>
<thead>
<tr>
<th>COLOR/LEVEL</th>
<th>NAME</th>
<th>OBJECTIVES</th>
</tr>
</thead>
</table>
| Red Belt Level 1 | ME and The Power of Difference Model (PDM) | - The PDM’s 3 primary, patterns related to race, culture, religion, sexual orientation, gender, disability, and class
- The Power of Difference Assessment (PDA) results for participants personally including their personal learning edges
- Internal Power Systems – Support versus Change – according to the PDM
- Dysfunctional Power Systems - Support versus Change – according to the PDM |
| Orange Belt Level 2 | ME and IDENTITY | - The ways I identify, how it came to be, how much it matters to me, and why
- Intersectionality – how our “boxes” overlap – how my boxes overlap
- My personality and Intelligences – recognizing the importance of difference at this basic level
- My History/Trauma (the ACE – Adverse Childhood Experiences Assessment) and connections to this work |
| Yellow Belt Level 3 | ME, Power and Privilege, Marginalization | - Me and Fragility – How am I fragile and what support do I need?
- My place in power systems/money systems
- Exploring guilt/grief and their role in maintaining power systems
- Poison and Balm – transforming one to the other
- My relationship to micro-aggressions
- The 5 levels--internal, interpersonal, organizational, cultural, institutional |
| Green Belt Level 4 | OTHERS: Across Religion/Worldview, Dis/Ability, Gender, Class | - Practice hearing others’ experience/stories
- How I impact others across difference
- What I want? My vision? |
| Blue Belt Level 5 | OTHERS: Across Race, Culture, Sexual Orientation | - Practice hearing others’ experience/stories
- How I impact others across difference
- What I want? My vision? |
| Purple Belt Level 6 | Communication Tools and Practice | - Solidarity protocols
- Leveraging “Strength”
- Non-Violence - scenarios
- Cross-Cultural Communication |
| Black Belt Level 7 | Synthesis, Application, Creation | - Planning and Projects
- Within us, between us, in our communities, organizations, and world |

**A 2nd Degree Black Belt is an additional certification that is available. Contact us for more information: info@thesum.org**
## SPECIFIC CALENDAR DATES for SPRING/SUMMER 2022

<table>
<thead>
<tr>
<th>Belt/Level</th>
<th>1st whole group meeting (4-5 EST) – PDA taken in advance</th>
<th>1st partner meeting (scheduled by partners during week)</th>
<th>1st small group on 1st Sat – time agreed by small group</th>
<th>2nd whole group (4-5 EST)</th>
<th>2nd partner meeting (scheduled by partners during week)</th>
<th>2nd small group on 2nd Sat – time agreed by small group</th>
<th>Final (3rd) whole group (4-5 EST)</th>
<th>Belt/Level Tests administered Monday following final whole group meeting: by individual appointments.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red Belt, Level 1</td>
<td>Sunday February 6</td>
<td>partner scheduled</td>
<td>Saturday February 12</td>
<td>Sunday February 13</td>
<td>partner scheduled</td>
<td>Saturday February 19</td>
<td>Sunday February 20</td>
<td>Monday February 21: Belt/Level Tests</td>
</tr>
<tr>
<td>Orange Belt, Level 2</td>
<td>Begins Sunday February 27</td>
<td>partner scheduled</td>
<td>Saturday March 5</td>
<td>Sunday March 6</td>
<td>partner scheduled</td>
<td>Saturday, March 12</td>
<td>Sunday March 13</td>
<td>Monday March 14: Belt/Level Tests</td>
</tr>
<tr>
<td>Yellow Belt, Level 3</td>
<td>Sunday March 20</td>
<td>partner scheduled</td>
<td>Saturday March 26</td>
<td>Sunday March 27</td>
<td>partner scheduled</td>
<td>Saturday, April 2</td>
<td>Sunday April 3</td>
<td>Monday April 4: Belt/Level Tests</td>
</tr>
<tr>
<td>Green Belt, Level 4</td>
<td>Sunday April 10</td>
<td>partner scheduled</td>
<td>Saturday April 16</td>
<td>Sunday April 17</td>
<td>partner scheduled</td>
<td>Saturday, April 23</td>
<td>Sunday April 24</td>
<td>Monday, April 25: Belt/Level Tests</td>
</tr>
<tr>
<td>Blue Belt, Level 5</td>
<td>Sunday May 1</td>
<td>partner scheduled</td>
<td>Saturday May 7</td>
<td>Sunday May 8</td>
<td>partner scheduled</td>
<td>Saturday, May 14</td>
<td>Sunday May 15</td>
<td>Monday May 16: Belt/Level Tests</td>
</tr>
<tr>
<td>Purple Belt, Level 6</td>
<td>Sunday May 22</td>
<td>partner scheduled</td>
<td>Saturday May 28</td>
<td>Sunday May 29</td>
<td>partner scheduled</td>
<td>Saturday, June 4</td>
<td>Sunday June 5</td>
<td>Monday, June 6: Belt/Level Tests</td>
</tr>
<tr>
<td>Black Belt, Level 7</td>
<td>Begins Sunday, June 12 through Sunday, July 10th</td>
<td>30 days (~4 weeks)</td>
<td></td>
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<td></td>
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<td>Final Belt/Level Test: Monday July 11th</td>
</tr>
</tbody>
</table>

- Includes 14 meetings in total: 6 whole group meetings (successive Sundays beginning June 12, 4-5 EST), 4 partner meetings (scheduled by participants), 4 small groups (scheduled by participants on Saturdays)
- Requires choosing three diverse mentors and a self-determined project (in consultation with a facilitator)